

FRESH START SOBER LIVING
Weekly Schedule

Sunday

<u>Time</u>	<u>Event</u>	<u>Location</u>	<u>Mtg. Type</u>
7:15a-8a	Awaken; Prayer, Meditation, Shower, Coffee/Breakfast, etc.	Respective Home	
8a-4p	Open; AA Mtg, Church, Work, Play, Employment, Volunteer, etc.	Greater Charlotte Area	
9a-10a	AA Mtg.; Good Morning Grp.	100 Billingsley Rd, Clt 28205	OBGNR/OD/OS/OSS/AL
10:30a-12p	Mtg after Mtg; Coffee/Breakfast/Fun/Fellowship @ IHOP	336 S. Sharon Amity Rd, Clt 28211	
1p-2p	AA Mtg.; Pass It On	2240 Park Rd, Clt 28203	CBBS
4p-6p	Weekly (House) Cleaning	Respective Home	
6p-7p	Weekly (House) Business Mtg.	Respective Home	
8p-9p	AA Mtg.; Hickory Grove Grp.	6401 Hickory Grove Rd, Clt 28215	OS
9:30p-10p	Readings, Step Work, Prayer, Meditation	Respective Home	
10p	Curfew (All); Quiet Time, Sleep	Respective Home	

Monday

<u>Time</u>	<u>Event</u>	<u>Location</u>	<u>Mtg. Type</u>
5:30a-6:15a	Awaken; Prayer, Meditation, Shwr/Dress, Coffee/Breakfast, etc.	Respective Home	
6:15a-6:45a	Chores	Respective Home	
6:30a-7:15a	Awaken; Prayer, Meditation, Shwr/Dress, Coffee/Breakfast, etc.	Respective Home	
7:15a-8a	Chores	Respective Home	
7:15a-8a	AA Mtg.; 7:15 Awakenings Grp.	709 East Blvd. Clt. 28203	OBGNR/OD
8a-6p	Open; AA Mtg, Work, Seek Employment, Volunteer, etc.	Greater Charlotte Area	
12p (Noon)	AA Mtg.; Elizabeth Nooners Grp	501 Hawthorne Ln, Clt 28204	OBGNR/CD
12p (Noon)	AA Mtg.; Daily Reprieve Grp	6151 Sharon Rd, Clt 28210	OD
6p	Curfew; New Family Member/Resident	Respective Home	
6p-7p	AA Mtg.; Dilworth Promises	709 East Blvd. Clt. 28203	OBGNR/CBBS
6p-7p	AA Mtg., 521 Grp.	6151 Sharon Rd, Clt 28210	OD
8p-9p	AA Mtg.; Third Tradition Grp.	1001 Queens Rd, Clt 28207	CBBS
8p-9p	AA Mtg.; Myers Park Grp.	2500 Oxford Pl, Clt 28207	CD/AL
8p-9p	AA Mtg.; Fundamentals	2461 Arty Ave, Clt 28208	CBBS/CSS
9:30p-10p	Readings, Step Work, Prayer, Meditation	Respective Home	
10p	Curfew (All); Quiet Time, Sleep	Respective Home	

FRESH START SOBER LIVING
Weekly Schedule

Tuesday

<u>Time</u>	<u>Event</u>	<u>Location</u>	<u>Mtg. Type</u>
5:30a-6:15a	Awaken; Prayer, Meditation, Shwr/Dress, Coffee/Breakfast, etc.	Respective Home	
6:15a-6:45a	Chores	Respective Home	
6:30a-7:15a	Awaken; Prayer, Meditation, Shwr/Dress, Coffee/Breakfast, etc.	Respective Home	
7:15a-8a	Chores	Respective Home	
7:15a-8a	AA Mtg.; 7:15 Awakenings Grp.	709 East Blvd. Clt. 28203	OBGNR/OD
8a-6p	Open; AA Mtg, Work, Seek Employment, Volunteer, etc.	Greater Charlotte Area	
12p (Noon)	AA Mtg.; Lunch Bunch Grp.	709 East Blvd. Clt. 28203	OSS
6p	Curfew; New Family Member/Resident	Respective Home	
6p-7p	AA Mtg.; 521 Grp.	6151 Sharon Rd, Clt 28210	OBBS
6p-7p	AA Mtg.; Springdale Grp	2201 Springdale Ave, Clt 28203	OBGNR/WCD/MCD
8p-9p	AA Mtg.; Southside Grp	1623 Carmel Rd, Clt 28211	OD/CD
8p-9p	AA Mtg.; Soul Purpose Grp	6151 Sharon Rd, Clt 28210	BBS/SS
9:30p-10p	Readings, Step Work, Prayer, Meditation	Respective Home	
10p	Curfew (All); Quiet Time, Sleep	Respective Home	

Wednesday

<u>Time</u>	<u>Event</u>	<u>Location</u>	<u>Mtg. Type</u>
5:30a-6:15a	Awaken; Prayer, Meditation, Shwr/Dress, Coffee/Breakfast, etc.	Respective Home	
6:15a-6:45a	Chores	Respective Home	
6:30a-7:15a	Awaken; Prayer, Meditation, Shwr/Dress, Coffee/Breakfast, etc.	Respective Home	
7:15a-8a	Chores	Respective Home	
7:15a-8a	AA Mtg.; 7:15 Awakenings Grp.	709 East Blvd. Clt. 28203	OBGNR/OD
8a-6p	Open; AA Mtg, Work, Seek Employment, Volunteer, etc.	Greater Charlotte Area	
12p (Noon)	AA Mtg.; High Noon Grp	2201 Springdale Ave, Clt 28203	OBGNR/OD
6p	Curfew; New Family Member/Resident	Respective Home	
6p-7p	AA Mtg.; Dilworth Promises	709 East Blvd. Clt. 28203	OBGNR/OSS/OTRAD
8p-9p	AA Mtg.; Expect A Miracle Grp	2434 Commonwealth Ave, Clt 28205	OD
8p-9p	AA Mtg; Matthews Grp	801 S Trade St, Matthews 28105	OD
9:30p-10p	Readings, Step Work, Prayer, Meditation	Respective Home	
10p	Curfew (All); Quiet Time, Sleep	Respective Home	

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Weekly Schedule

Thursday

<u>Time</u>	<u>Event</u>	<u>Location</u>	<u>Mtg. Type</u>
5:30a-6:15a	Awaken; Prayer, Meditation, Shwr/Dress, Coffee/Breakfast, etc.	Respective Home	
6:15a-6:45a	Chores	Respective Home	
6:30a-7:15a	Awaken; Prayer, Meditation, Shwr/Dress, Coffee/Breakfast, etc.	Respective Home	
7:15a-8a	Chores	Respective Home	
7:15a-8a	AA Mtg.; 7:15 Awakenings Grp.	709 East Blvd. CIt. 28203	OBGNR/OD
8a-6p	Open; AA Mtg, Work, Seek Employment, Volunteer, etc.	Greater Charlotte Area	
12p (Noon)	AA Mtg.; Elizabeth Nooners Grp	501 Hawthorne Ln, CIt 28204	OBGNR/CD
6p	Curfew; New Family Member/Resident	Respective Home	
6:30p-7:30p	AA Mtg., The Source Grp	4305 Monroe Rd, CIt 28205	CSS
7:30p-9p	AA Mtg., Southern Pacific Grp	1501 Queens Rd, CIt 28207	OS
8p-9p	AA Mtg.; Crossties Grp	6030 Albemarle Rd, CIt 28212	BGNR/OD/OS
8p-9p	AA Mtg.; Essentials Grp	6100 Sardis Rd, CIt	OS/CBBS
9:30p-10p	Readings, Step Work, Prayer, Meditation	Respective Home	
10p	Curfew (All); Quiet Time, Sleep	Respective Home	

Friday

<u>Time</u>	<u>Event</u>	<u>Location</u>	<u>Mtg. Type</u>
5:30a-6:15a	Awaken; Prayer, Meditation, Shwr/Dress, Coffee/Breakfast, etc.	Respective Home	
6:15a-6:45a	Chores	Respective Home	
6:30a-7:15a	Awaken; Prayer, Meditation, Shwr/Dress, Coffee/Breakfast, etc.	Respective Home	
7:15a-8a	Chores	Respective Home	
7:15a-8a	AA Mtg.; 7:15 Awakenings Grp.	709 East Blvd. CIt. 28203	OBGNR/OD
8a-6p	Open; AA Mtg, Work, Seek Employment, Volunteer, etc.	Greater Charlotte Area	
12p (Noon)	AA Mtg.; Happy Noon Grp	100 Billingsley Rd, CIt 28211	OBGNR/OD/CD/OSS
6p	Curfew; New Family Member/Resident	Respective Home	
6p-7p	AA Mtg.; Dilworth Promises	709 East Blvd. CIt. 28203	OBGNR/CD
8p-9p	AA Mtg.; Queen City Grp	2810 Providence Rd, CIt 28211	OS
8p-9p	AA Mtg.; Myers Park Grp.	2500 Oxford Pl, CIt 28207	OS
8p-9p	AA Mtg.; Came to Believe	1623 Carmel Rd, CIt 28226	OS
9:15-10:45	Mtg after Mtg; Coffee/Dinner/Fun/Fellowship	? Group Decision	
11p	Curfew (All); Quiet Time, Reading, Step Work, Prayer, Sleep	Respective Home	

FRESH START SOBER LIVING
Weekly Schedule

Saturday

<u>Time</u>	<u>Event</u>	<u>Location</u>	<u>Mtg. Type</u>
6:15a-7a	Awaken; Prayer, Meditation, Shower, etc.	Respective Home	
7:15a-8a	Breakfast	709 East Blvd. Clt. 28203	
7:15-8a	Awaken; Prayer, Meditation, Shower, Coffee/Breakfast, etc.	Respective Home	
8a-9a	AA Mtg; Saturday Morning Big Book Grp	709 East Blvd. Clt. 28203	OBBS
8a-6p	Open; AA Mtg, Chores, Work, Seek Employment, Volunteer, etc.	Greater Charlotte Area	
12p (Noon)	AA Mtg.; Happy Hour Grp	100 Billingsley Rd, Clt 28211	OBGNR/OD/OSS/AL
12p (Noon)	AA Mtg.; Daily Reprieve Grp	6151 Sharon Rd, Clt 28210	OD
6p	Curfew; New Family Member/Resident	Respective Home	
6p-7p	AA Mtg.; Dilworth Promises	709 East Blvd. Clt. 28203	OBGNR/CD
6p-7p	AA Mtg., 521 Grp.	6151 Sharon Rd, Clt 28210	OD
7p-8p	AA Mtg.; Keystone Grp	1900 Emerywood Dr, Clt 28210	OS
8p-9p	AA Mtg.; Southpark Grp	4411 Sharon Rd, Clt 28211	OD
8p-9p	AA Mtg.; Hawthorne Grp	2029 N Mecklenburg Ave, Clt 28205	OS
9p-10:50p	Mtg after Mtg; Coffee/Dinner/Fun/Fellowship	? Group Decision	
11p	Curfew (All); Quiet Time, Reading, Step Work, Prayer, Sleep	Respective Home	

Legend:

Bold Required

Not Bold Optional

AA Mtg's	Fresh Start Founder (Mike) attends
AA Mtg's	Fresh Start Family & Founder (Mike) attends

Notes:

Daily AA mtg attendance **encouraged** of ALL Fresh Start Family Members/Residents

Daily AA mtg attendance **required** of ALL Fresh Start Family Members/Residents (0-90 days sobriety)